

SPECIAL  
SUNDAY

UMCOR SUNDAY

# CHILDREN'S ACTIVITY



Open Hearts. Open Minds. Open Doors.

The people of The United Methodist Church®

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## UMCOR SUNDAY CHILDREN'S ACTIVITY

This activity connects the  
Twenty-Third Psalm with  
UMCOR Sunday.

### OPENING

**Open with a song or video:**

"Peace Like a River" by Listener Kids

"We Lift You Higher" by Chapel Hill Kids

"Give It Away" by Lifetree Kids

### GAME: WHOM DO YOU TRUST?

**Explain that you are going to ask each child a question. But before you ask the question, you are going to let them know the category of the question. The child will identify someone they trust to answer the question in that category.**

#### CATEGORY: BIBLE

*"Whom do you trust?"*

**Question:** *What did Noah build?*

**Answer:** *An ark (or boat)*

#### CATEGORY: MOVIES

**Question:** *In the movie Encanto, whom don't we talk about?*

**Answer:** *Bruno*

#### CATEGORY: COLORS

**Question:** *What color is an emerald?*

**Answer:** *Green*

#### CATEGORY: SCIENCE

**Question:** *What does water become when it is frozen?*

**Answer:** *Ice*



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## CATEGORY: WEATHER

**Question:** *What kind of storm has names like "Ian," "Fiona," "Sandy," and "Katrina"?*

**Answer:** *Hurricane*

## BIBLE LESSON: WHOM DO YOU TRUST? - THE TWENTY-THIRD PSALM

### Read Psalm 23

The Twenty-Third Psalm was written by David, who was a shepherd and later became a king. He talks about God as his shepherd; God as the one he trusts.

David knew that sheep need to trust the shepherd to bring them to green pastures to eat, to protect them from wild animals, to show them where there is clean water for drinking.

And like the sheep, we can trust God to help us stay safe. Many years after David wrote this psalm, Jesus was born. Jesus is like a shepherd to us, too. He helps lead us to make good choices for ourselves and for those around us.

Whom do you trust?  
Jesus!

(adapted from [sermons4kids.com](http://sermons4kids.com))

## UMCOR SUNDAY: WHOM DO YOU TRUST?

There are places around the world, including in our own neighborhoods, that experience disasters. Can you think of some disasters that you have seen or heard about? (Examples: hurricanes, flooding, tornadoes, earthquakes, fires, and so on.)

Sometimes a disaster can be so bad that people's belongings are destroyed, including their homes. When things like that happen, it can be hard to feel safe. It can be hard to know whom to trust.

One organization that helps is called UMCOR. It is a program of The United Methodist Church and our own church supports it with our gifts and prayers. Today is UMCOR Sunday, a day we can help the church reach out to people who are frightened, who don't have enough food or clean water, or who have had other hard things happen to them. With our gifts today, we act with goodness and mercy to create moments of calmness and provide for needs like water and housing. We work with God, the Shepherd, to help take care of one another.



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Have you ever seen a rainbow after a storm? Through Christ, UMCOR is like a rainbow bringing something hopeful into a situation that has caused suffering and loss.

### CRAFT ACTIVITY: RAINBOW COTTON BALL SHEEP

Cotton Balls

Watercolors  
& brushes

Crayons

Glue sticks

Cardstock

- Give the children a piece of cardstock and seven cotton balls.
- Put seven spots of glue close together in the middle of the cardstock. Cover the glue with the cotton balls to form the sheep's body.
- Instruct the children to draw a head, legs and tail.
- Using the watercolors, paint each cotton ball a different color.
- If there is time, the children can draw other elements of the Twenty-Third Psalm: water, green pastures, food and so on.

**Say,**

*"When you look at the picture of your rainbow-colored sheep, remember that God takes care of us like a shepherd cares for sheep. And even when we feel like we are in a storm, we know that God will help us through. Because of UMCOR, we get to offer hope to people who are going through storms."*



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